

FRANCE A LA CARTE – French cuisine

cuisine

The word *France* is synonymous with good food and the region *south-west France* is synonymous with good cuisine. Good cooking starts in the home and France à la Carte has attempted to find, in other pages, guest houses and private homes that offer excellent cuisine. In this section we offer a range of cooking classes - from the simplest home-based recipes of a local housewife to master classes with Michelin-starred chefs. Something for everyone, we hope.

	<p><i>Cooking course in the Tarn/Aveyron</i></p> <p>In the centre of a mediaeval village, clinging to a rock high above the Aveyron gorge, a master chef explains the delights of his seasonal cuisine in a 5 day hands-on course based in his wonderful hotel-restaurant.</p>	<p>less than an hour from Rodez, about 105 minutes from Toulouse</p> <p>airport: rodez, toulouse</p>	<p>5 day/ 4 night half-board with rental car from €617</p> <p>starts in September 2004</p>
	<p><i>Gascony secrets</i></p> <p>Gascony secrets: a three night stay in a three star chateau-hotel in deepest gascony. Two day initiation in gascony cuisine by top chef André Fagedet, visits to local markets and plenty of good food.</p>	<p>30 minutes from the airport, on a hilltop with splendid view of the Pyrenean chain</p> <p>airport: toulouse</p>	<p>3 night/4 day "Gascony cuisine" from € 525 per pers</p> <p>off season</p>
	<p><i>Quercy cuisine and oenology</i></p> <p>In deepest Quercy a week of cooking, wine-tasting and visiting the villages and vineyards of this fine gastronomical region. Your base is a sumptuous hotel-chateau with pool, extensive grounds and bicycles..</p>	<p>75 minutes from Toulouse airport and less than an hour from Bergerac.</p> <p>airport: toulouse or carcassonne</p>	<p>7 day package Quercy cuisine with car from € 932 per pax (Sat to Sat)</p> <p>off season</p>
	<p><i>Toulouse and its cuisine</i></p> <p>A weekend in the 'pink city' of Toulouse which includes hands-on sessions in a cooking school run by chef René Defour. How does one make the definitive cassoulet? Come and find out.</p>	<p>5 minutes from Toulouse airport and 45 mins from Carcassonne</p> <p>airport: toulouse or carcassonne</p>	<p>4 day / 3 night cooking course and city break from €330 (€180 for non-participant)</p> <p>starts Sept 2004</p>

	<p style="text-align: center;"><i>masterclass</i></p> <p>An experience with master chef Gilles Marre in his famous restaurant 'Le Balandre' in Cahors, followed by two days of culinary excursions and tastings.</p>	<p>Cahors, Lot. One hour by motorway from Toulouse</p>	<p>5 days/4 nights cooking and wine-tasting from €590, car included</p> <p>starts Sept 2004</p>
	<p style="text-align: center;"><i>le canard et son foie gras</i></p> <p>Tarn & Garonne : A three day cooking course which reveals the secrets of the french paradox: all you've ever wanted to know about cutting up a 'fat' duck, extracting the liver and preserving each piece in the appropriate way. Lots of tips and tricks on the cuisine of the <i>sud-ouest</i>. Accommodation in luxury <i>chambre d'hôte</i>... with a real cook as hostess! .</p>	<p>Thirty minutes from Toulouse airport in the village of Escatalens, south-west of Montauban</p> <p>airport: toulouse or carcassonne</p>	<p>4 day discovery package <i>Cuisine, canard et foie gras</i> with car from € 615 per pax</p>
	<p style="text-align: center;"><i>French home cooking</i></p> <p>La Maison des Chevaliers, in the Garonne valley among the plum orchards and vineyards, is the home of good eating. The 11th century cloisters at Moissac, the Ingres museum at Montauban ... and the garlic market at Beaumont are all at hand. So too is our 'jour de cuisine' where our hostess will unveil her culinary secrets...</p>	<p>Thirty minutes from Toulouse airport in the village of Escatalens, south-west of Montauban</p> <p>airport: toulouse or carcassonne</p>	<p>4 day discovery package <i>Cuisine et culture</i> with car from € 410 per pax (Thurs to Sunday)</p> <p>off season</p>

Eurolynx can also assist with arrangements pre and post accommodation, rail, ferries and other travel arrangements.

*Information and rates based on information as at June 2004.
NZD Rates where given are a guide only, and are subject to tariff and exchange variance.*

	<p style="text-align: center;">Eurolynx Travel Limited <i>Specialising in wholesale travel for Europe</i> P O Box 68637, Newton, Auckland 1032, New Zealand DX: CP29517 Tel.: 64-9-361 3661 Fax.: 64-9-361 3664 Email: info@eurolynx.co.nz Web: eurolynx.co.nz</p>	<p><i>Agent Stamp:</i></p>
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