

## DENMARK with HF HOLIDAYS



HF Holidays Cycling brochure for 2006 contains a wonderful variety of cycle tours to the most beautiful parts of Europe. One of the great joys of traveling with HF is the personal level of service given to make their holiday a great experience.

HF Holidays have cycling itineraries for Italy, Austria, France, Netherlands, Denmark, Germany, Switzerland and Hungary. HF Holidays also offer an extensive range of walking holidays.

#### HF Holidays provides:

- ✓ Friendly and helpful advice to find the holiday that's right for you
- ✓ Excellent selection of holiday destinations - graded to help you choose how far to cycle each day
- ✓ A range of guided and independent holidays
- ✓ Short breaks and longer tours
- ✓ Luggage transfer on touring holidays
- ✓ Good quality accommodation
- ✓ Good quality bicycles to hire
- ✓ Detailed maps and route directions
- ✓ Value for money - without compromising quality!

HF's itineraries are designed for anyone who loves cycling, whatever your age, and whether you like to travel as a family, a couple, with a group of friends or on your own. They offer a range of tours for both occasional cyclists who enjoy shorter distances and flat cycle paths away from traffic, as well as tours for more experienced cyclists who relish the challenge of a few hills. Depending on the tour you choose, you could cover anything from 10-35 miles in a day (2-4 hours of cycling), leaving plenty of time to stop off along the way, take photos, enjoy some wonderful sightseeing or just have a leisurely lunch. Wherever you go on an HF Holidays' cycling break you can be sure to find freedom and relaxation.

### TOUR OPTIONS:

<u>Tour name</u>	<u>Number of days</u>	<u>Price Guide from (NZD pp)</u>
<b><i>Independent Tours</i></b>		
Copenhagen and North Sealand: <i>Copenhagen, Helsingør, Kronborg, Hundested, Skuldelev, Roskilde, Copenhagen</i>	8	\$1,700
Denmark and Sweden: <i>Copenhagen, Hillerød, Helsingør, Ljungbyhed, Lund, Helsingborg, Copenhagen</i>	8	\$1,470
Southern Funen Islands: <i>Odense, Svendborg, Aroskøbing, Faaborg, Odense</i>	8	\$1,415
Island Hopping: <i>Svendborg, Nyborg, Slagelse, Naestved, Stege, Nykøbing, Maribo, Svendborg</i>	11	\$2,265

Please find following detailed information on each of these escorted tours. A full brochure is available.

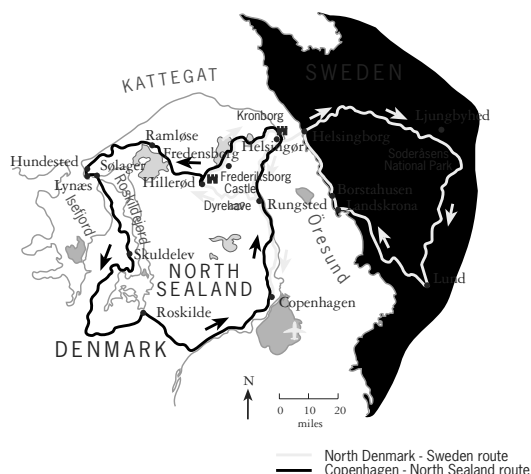
#### Additional services

- Eurolynx also has access to a wide range of other services including: accommodation, car hire, rail tickets and passes, sightseeing excursions, ferry tickets, motor home hire, escorted coach tours, cycling and walking tours.

Information and rates based on information as at December 2005.  
Where given NZD rates are a guide only based on share twin, and are subject to tariff and exchange variance.

	<p><b>Eurolynx Travel Limited</b> <i>Specialising in wholesale travel for Europe</i></p> <p>P O Box 68637, Newton, Auckland 1032, New Zealand DX: CP29517 Tel.: 64-9-361 3661 Fax.: 64-9-361 3664 Email: info@eurolynx.co.nz Web: eurolynx.co.nz</p>	<p>Agent Stamp:</p>
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# Cycling through



## Copenhagen & North Sealand

This popular tour combines the cosmopolitan yet charming Danish capital of Copenhagen with cycling through the beautiful countryside of Northern Sealand, taking in castles and scenic coastline as well as a little Viking history! **Ref: UAM Grade:**

**DAY 1: Arrival in Copenhagen.** All major sights are within walking distance of your hotel. Visit this beautiful city, shopping centre, museums and medieval port.

**DAY 2: Copenhagen to Helsingør (30 miles).** Riding past the Royal Hunting ground, you reach the coast from where you can just see Sweden in the distance. Your overnight stop is in Helsingør.

**DAY 3: Castle day (20 miles).** Today you see Hamlet's castle in Kronborg, and the Queen's Summer palace. You can take your time today and enjoy the fresh air and beautiful countryside.

**DAY 4: Hillerød to Hundested (35 miles).** Through forest and fields to Ramløse and Lake Arresø. Take a break for a swim at one of the beaches and relax. You spend the night at Hundested.

**DAY 5: Hundested to Skuldelev (20 miles).** Cycle through the idyllic fishing village of Lynæs. You continue through an oak tree forest to Skuldelev for the night.

**DAY 6: Skuldelev to Roskilde (32 miles).** A chance to visit the open-air museum depicting daily life from the Iron-Age through to the Vikings. Your destination, Roskilde, was inhabited by the Vikings and you can still see their ships today.

**DAY 7: Roskilde to Copenhagen (29 miles).** The path takes you through the picturesque villages which line the beaches south of the capital, away from the traffic and all the way into the centre.

**DAY 8: End of tour after breakfast.**

*“One of the best cycling holidays we have done.”*  
Mr and Mrs Gould, Draitwich

### Copenhagen & North Sealand

**DEPARTURE DATES:** Saturdays; 27 May - 26 August

**Start and Finish:** Copenhagen **Holiday Ref:** UAM  
Own travel Flights from †

No of nights	7	7
27 May 2006 - 26 Aug 2006	611	170

Single room supplement: £21 per night  
Price for 3rd person sharing twin or double room £524  
Extra night in Copenhagen £52 (B&B) per person sharing twin or double room

### Denmark & Sweden

**DEPARTURE DATES:** Saturdays; 27 May - 26 August

**Start and Finish:** Copenhagen **Holiday Ref:** UBG  
Own travel Flights from †

No of nights	7	7
27 May 2006 - 26 Aug 2006	529	170

Single room supplement: £21 per night  
Extra night in Copenhagen £52 (B&B) per person sharing twin or double room  
Price for 1 child (2-12 years) sharing with 2 adults, own travel: £442

Prices are in pounds per person and INCLUDE:- • Double or twin room in comfortable hotel accommodation • Copenhagen: 5 nights 2-course dinner, bed and breakfast, 2 nights bed and breakfast; Denmark and Sweden: Bed and breakfast • Bicycle hire (7 gears) • Bicycle basket • Repair kit • Route descriptions and maps • Luggage transport

## Denmark & Sweden

Discover a wealth of contrasts between these two Scandinavian jewels on a cycle tour that takes you from the vibrant Danish capital of Copenhagen, to the peaceful green countryside of Sweden. You will enjoy the excellent cycle paths and quiet roads that much of this tour follows, although sometimes the road surfaces can be uneven in rural Sweden. **Ref: UBG Grade:**

**DAY 1: Arrival in Copenhagen.** After checking into your hotel, you can stroll around the medieval quarter of the city, or take a cruise along one of its canals.

**DAY 2: Copenhagen to Hillerød (30 miles).** You depart Copenhagen by bike, cycling through the Royal Hunting ground of Dyrehaven. In the afternoon we recommend a visit to Frederiksborg castle, which is situated in the middle of a lake.

**DAY 3: Hillerød to Helsingør (21 miles).** Your first stop today is Fredensborg, where you can visit the royal palace gardens. You then cycle on to the lively town of Helsingør, the site of castle Kronborg, which is famous as the home of Shakespeare's Hamlet.

**DAY 4: Helsingør to Ljungbyhed (34 miles).** Today you start by crossing the Øresund by ferry to Sweden. You cycle through Helsingør, and further on can visit the newest national park in Sweden, Söderåsen.

**DAY 5: Ljungbyhed to Lund (36 miles).** You cycle south today, passing en route manor houses and castles. You finish in the university town of Lund, where you can explore the town and its well-known cathedral and open-air museum.

**DAY 6: Lund to Helsingborg (36 miles).** Departing from Lund, you cycle along quiet country roads to Landskrona, on the coast. You can rest here, or visit the 16th century Citadel castle. You then follow the coastline to Helsingborg for your overnight stay.

**DAY 7: Helsingborg to Copenhagen (30 miles).** Today you take the ferry back to Denmark. You take the coastal route, and have the chance to visit the famous art museum 'Louisiana'. You return to Copenhagen for your overnight stay.

**DAY 8: End of tour after breakfast.**



# Denmark and Sweden



## Southern Funen Islands

This eight-day tour starts in Odense and takes you to islands with charming fishing villages, inns and well-preserved castles. The Danes are avid cyclists and cycle paths in towns have priority over other traffic.

Ref: UAL Grade:

- DAY 1: Arrival in Odense.** Take a stroll around the capital of Funen Island and birthplace of Hans Christian Andersen.
- DAY 2: Odense to Svendborg (38½ miles).** Today you go south and visit the unique medieval castle of Egeskov, built on thousands of oak trunks in the middle of a lake. Continue on to Svendborg. Two nights are spent in Troense, a picturesque village, on the island of Tåsinge.
- DAY 3: Svendborg.** Free day on Tåsinge. We suggest a trip around the island, a visit to Svendborg or a tour along the beaches east of Svendborg.
- DAY 4: Svendborg to Ærøskøbing (24½ miles).** Your route continues through the fabled woods Nøreskoven via the small island Sjø to Langeland. The route to Ærøskøbing is one of the most beautiful sections on the tour. This romantic town was featured in one of Hans Christian Andersen's stories. Two overnight stays in the old part of town.
- DAY 5: Ærøskøbing.** Explore this beautiful old town with its cobblestone streets and half-timbered houses. Or perhaps a swim at one of the nearby beaches.
- DAY 6: Ærøskøbing to Faaborg (27 miles).** Over the hills to Soby which offer some truly magnificent views. By ferry to Faaborg on Funen Island, through Funen's "Alps", one of the most attractive areas in Denmark.
- DAY 7: Faaborg to Odense (30 miles).** Today's route takes you through the typical glacial landscape of Denmark, dominated by lakes, hills and valleys.
- DAY 8: End of tour after breakfast.**

### Southern Funen Islands

**DEPARTURE DATES:** Sundays; 28 May - 27 August

Start and Finish: Odense	Holiday Ref: UAL	
	Own travel	Flights from †
No of nights	<b>7</b>	<b>7</b>
28 May 2006 - 27 Aug 2006	<b>509</b>	<b>170</b>

Extra night in Odense: £39 (B&B) per person sharing twin or double room  
 Price for 1 child (2-12 years) sharing with 2 adults, own travel: £322  
 Price for 3rd person sharing twin or double room: £434

### Island hopping

**DEPARTURE DATES:** Saturdays; 3 June - 19 August

Start and Finish: Svendborg	Holiday Ref: UAN	
	Own travel	Flights from †
No of nights	<b>10</b>	<b>10</b>
3 June 2006 - 19 Aug 2006	<b>816</b>	<b>170</b>

Extra night in Svendborg £38 (B&B) per person sharing twin or double room  
 Price for 3rd person sharing twin or double room £576

Prices are in pounds per person and INCLUDE:- • Double or twin room in comfortable 3-star hotel accommodation • Southern Funen Islands: Bed and Breakfast; Island Hopping: 8 nights 2-course dinner, bed and breakfast, 2 nights bed and breakfast • Bicycle hire (7 gears) • Bicycle basket • Repair kit • Route descriptions and maps • Luggage transport • Ferry tickets to the Islands (Southern Funen Islands holiday only) • Rail travel not included in Island hopping holiday.

Single room supplement: £15 - £18 per night

**TRAVEL OPTIONS** - Suggested times and points of departure for all Denmark holidays.

Flights - British Airways	OUT	RETURN
Heathrow-Copenhagen	09:55-12:45	16:00-16:55
Transfer to Copenhagen (30mins): Train, not included in price.		
Transfer to Odense/Svendborg (1 hour 30mins - 2 hours): Train, not included in price.		

† Flights also available from Birmingham to Copenhagen or domestic transfers can be arranged. Prices vary depending on departure airport and date when booking is made. You can also choose to book your own flights to Copenhagen with easyJet.

**Further travel information see pages 28 - 29.**



## Island hopping

From Viking fortresses to medieval cities this cycle tour will uncover for you the wonders of Denmark's southern islands. Discover 10 islands in 10 days.

Ref: UAN Grade:

**DAY 1: Arrival in Svendborg**

**DAY 2: Svendborg to Nyborg (28 miles).** Cycle up the coast past the fishing hamlet of Lundeberg towards Nyborg. The home of Scandinavia's oldest royal fortified castle.

**DAY 3: Nyborg to Slagelse (21 miles).** A coach and trailer transport you across the Great Belt Bridge to Sealand. Your cycle route takes you past the Viking fortress of Trelleborg and the beaches of Korsør.

**DAY 4: Slagelse to Næstved (36 miles).** Today you can swim, relax and enjoy the scenery, with manor houses and castles en route. Spend the night in the medieval centre of Næstved.

**DAY 5: Næstved to Stege (28 miles).** The day starts with a train ride to Vordingborg. You then cycle through the countryside to the island of Møn. Your hotel for two nights is just outside the town of Stege.

**DAY 6: A day to explore** the delightful island of Møn at your own pace. A trip to the famous Møns Klint cliffs would be highly recommended.

**DAY 7: Stege to Nykøbing (35 miles).** Cross to the island of Bogø and then catch the ferry to the island of Falster. You continue to your hotel in Nykøbing.

**DAY 8: Nykøbing to Maribo (26 miles).** The next island on your way is Lolland. The highlight is the lovely old town of Nysted and Aalholm castle. Your hotel for two nights is located in the town of Maribo.

**DAY 9: Maribo (16 miles).** An optional day excursion visiting two more islands, the idyllic Askø and the tiny Lillo.

**DAY 10: Maribo to Svendborg (30 miles).** Take the train to Nakskov before taking the ferry from Tårs to the Island of Langeland. You continue to the island of Tåsinge via Sjø Island, before returning to Svendborg for the night.

**DAY 11: End of tour after breakfast.**

